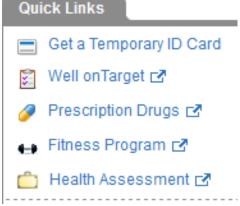
Blue Access for Members and Well on Target

First time user? Follow these easy steps to log in to *Blue Access for Members*:

- 1. Go to www.bcbsok.com
- 2. Click on the "Login" tab
- 3. Click "Register Now" (You will need to provide your email, zip code, ID and Group number)

4. Once you are registered, choose the *Well onTarget* link on the right hand side of the page.





Once you are registered with *Blue Access for Members* you can use the same Username and password to log on directly to Well on Target, *www.wellontarget.com*

Blue Access for Members Benefits

- Get a copy of your EOB (Explanation of Benefits) for a claim
- Find a doctor or hospital
- Compare costs for any procedure or what your co-pay may be (MRI, knee replacement, vaccinations, behavioral health, etc)
- Print a temporary ID card

Well onTarget Benefits

- Health Tools and Trackers (track what you eat, exercise, sleep, etc)
- Self-directed courses (topics include nutrition, weight/stress management, etc)
- Health Assessment (questionnaire about your health and habits)
- Life Points (earn points by tracking diet, exercise, etc) to spend in the online shopping mall