

We bring the doctor's office to your worksites.

VirtualCheckup®
By Catapult Health



1

Participant schedules checkup appointment

Participants secure an onsite appointment at a **convenient time and location.**

[Make a New Appointment >](#)

[Change Existing Appointment >](#)

2

Onsite blood test, blood pressure check (10-15 min.)

Catapult's onsite blood collection process is quick, diagnostic, and **virtually painless.**



3

A few days later, appointment made for virtual consultation

Participant selects a convenient date and time. Consult done **in the privacy of their own home.**



4

Live video consult with a nurse practitioner

Test results reviewed, health risks discussed, and **Personal Action Plan delivered.**



5

Referrals into employer & plan sponsored programs

Catapult drives your employees into **your health improvement programs.**

